

Pre-natal and Pediatric Chiropractic Care

10 YEARS EXPERIENCE



- Getting adjusted during pregnancy can resolve musculoskeletal issues commonly experienced during pregnancy such as low back pain, sciatica, pubic bone pain, and tail bone pain.



- We have specific tables for pregnant patients that open up for the abdomen to rest comfortably during the adjustment.



- Misalignments at the TMJ (temporomandibular joint) can cause difficulties with latching (proper mouth position around nipple) and make breast feeding painful and/or less productive. Without a good latch, milk supply will decrease.

Adjustments correct this problem in 1-2 visits.



- Dr. Gabaldon travels to homes, birthing centers or hospitals to assist women DURING labor. Getting adjusted DURING labor has made the difference for many women; allowing for vaginal birth and preventing a C-section.



- Adjusting the cervical spine has been proven effective in preventing ear infections. The top vertebra (Atlas) is located directly between the eustachian tubes. Removing a misalignment at this level allows proper drainage of the ear and prevents infection.



- Prenatal adjustments ensure optimum pelvic alignment and can affect labor outcome. With pelvis aligned, baby's head moulding is more efficient. The less

time it takes the baby to get through the birth canal, the shorter the labor, and fewer interventions are necessary.



- Crawling is an important milestone in the neurological development of a baby. It is important to have the pelvis and sacrum adjusted to ensure crawling is most efficient.

Dr. Gabaldon recommends a child get adjusted at least 4 times in the first year (Birth, 3 to 6 months, 6 to 9 months and 9 to 12 months) to prevent any interference with normal development.

Consultations
are always
FREE of charge.



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